



# **CHRISTIAN COUNSELING SERVICES**

## **Thesis Of Purpose**

### **CHRISTIAN COUNSELING SERVICES:**

Exists to bring unity in relationships and throughout the body of Christ by encouraging, exhorting, edifying, equipping, and establishing those who choose freedom, spiritual maturity and healing through Christ's commands.

Gal 6:10 As we therefore have opportunity, let us do good unto all men, especially unto those who are of the household of faith.

Pro 28:8 He that by usury and unjust gain increaseth his substance, he shall gather it for him that will pity the poor.



## **CHRISTIAN COUNSELING SERVICES**

### **Statement Of Program**

Luke 4:18 Jesus says:

The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

1. To point the poor and needy to their true source of "life more abundant and free"\* in Christ Jesus.
2. To promote healing of the broken hearted... prescribe deliverance to those who are in bondage...offer guidance in gaining insight to the spiritually blind... proclaim the truth that sets at liberty those who are bruised."
3. To promote healing of the broken hearted through Christian Counseling, Theophostic prayer and Temperament education and application through written materials, electronic and social media, skits and screen plays, lectures and seminars.
4. To prescribe deliverance to those who are in bondage by vanquishing the lies we have come to believe and the father of lies who brought them.
5. To offer guidance through Life Lessons, consisting of daily spiritual exercises, insights and strategies to overcome difficulties in life, enlightening eyes to spiritual maturity by understanding ones own God given temperament.
6. To proclaim the freedom of truth to those whose lives are battered and bruised and broken in sin by introducing them to the one who is the source of all Truth to show them the Way and give them the Life in Jesus Christ.
7. Plan and hold prevention seminars for groups, families, and couples, to disseminate information that will help to thwart dysfunctional experiences in their lives. For instance, couples can attend "prevention parenting" sessions that will help them to control their children and enhance their parent/child relationships (II Timothy 4:1-2).
8. Enlighten all troubled people who will accept the invitation of God's love in all areas of need about, (a) who God is, (b) what He requires of us, and (c) the saving and healing grace of Jesus Christ and how they can find peace in Him. This is to be accomplished by speaking to persons, at church meetings, church group sessions, youth group sessions, men and women's conferences, Christian schools and other organizations. Presentations will be enhanced by the use of electronic media, printed material, power point presentations, testimonies of those who have experienced the benefits of new life in Christ through counseling, and Bible study (Acts 5:20; II Timothy 4:2; Titus 2; Isaiah 62:6; Acts 1:8).

\* Hymn: Turn Your Eyes Upon Jesus words and music by Helen Lemmel 1864-1961

Determining the Needs in Your Area	
Contact: Org. or Person	Dept Human Services Case Manager
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	During work hours
Synopsis of conversation	<p>Met _____ at her office. She has great insights and as a believer, had a similar perspective.</p> <p>She puts drug recovery at the head of the list of needs, but also suggests it is the least likely to succeed. There is an epidemic of apathy and 'hard core' users who have no personal motivation to change. They have grown comfortable in their pain and though counseling is available to them...they do not access it.</p> <p>The big hindrances given by most people for failure or problems are: Transportation, jobs, and housing. She says that though transportation, communications, educations and other accommodations have been made to assist people to overcome their problems...they do not respond. They even expect the workers to complete their paper work for them. She sees it as almost hopeless at this point.</p> <p>Family and parenting skills or counseling are next on the list. She suggests that aid and counseling for GRANDPARENTS might be a best investment, due to the numbers of grandparents rearing grandchildren. They seem to have a better work ethic, she says.</p> <p>Next she suggested that marriage counseling is probably less desired than 'relationship counseling' given the diverse 'family' makeup.</p> <p>Mentoring is a good model for helping people overcome long term, but finding local mentors who will stay committed or even volunteer has been a huge hurdle for their programs.</p>
Need addressed by org. or person	Government agency to assist needy families with food, counsel, education, finances, etc.

Determining the Needs in Your Area	
Contact: Org. or Person	Community Organizer and Former Director of Women's Exchange
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	day
Synopsis of conversation	<p>noted that she had worked for years in this area and has seen the problems here escalate and especially in recent years. Her experience with women and children lead her to suggest the following needs as critical to be addressed:</p> <ol style="list-style-type: none"> <li>1. Sexual abuse</li> <li>2. Drug/Alcohol Abuse</li> <li>3. Child Abuse</li> </ol> <p>saw obstacles involved were:</p> <ol style="list-style-type: none"> <li>1. Parents do not want to be told how to train their children</li> <li>2. No one wants to me made to go to classes (ie. court ordered), and when they are they attend with a bad attitude and are not usually open to the instruction.</li> <li>3. Counseling and the idea of counseling has connotations that keep people from voluntarily taking advantage of its benefits.</li> </ol>
Need addressed by org. or person	The Women's Exchange addressed educational, physical, and emotional needs of women in rural Appalachia.

Determining the Needs in Your Area	
Contact: Org. or Person	Teacher
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	day
Synopsis of conversation	<p>suggested several areas of need. I asked her to list them in order of priority:</p> <ol style="list-style-type: none"> <li>1. Abuse: Sexual (incest), physical, mental, emotional</li> <li>2. Addiction: Drug, alcohol, sexual</li> <li>3. Mental and emotional illness</li> </ol> <p>She felt strongly that parents need skills. Even in her own family there are great needs. She saw that once children reach 12-13 years old it is very difficult to undo the damage, and parents who did not have the skills before their children reach that age, do not have the skills after that age.</p> <p>She sees an early start on parenting is key to a good outcome and suggested we focus on a younger age range as a target group to work with.</p>
Need addressed by org. or person	Education

Determining the Needs in Your Area	
Contact: Org. or Person	Community Hospital Director of Information Technology
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	After work hours except Thursday evenings.
Synopsis of conversation	<p> said that counseling for children and parents is top need. He also mentioned the need for drug addiction and recovery counseling.</p> <p>He said, however, that I should not offer 'counseling', but label it a different thing, because people in this area will reject counseling services. He says it is because they feel exposed and vulnerable and because they don't like to be told what to do. Instead, he suggests that I present it more humbly, like, "You and I are on equal ground. Let's do this together."</p> <p>He suggested that I contact the Comp Care people in for ideas on how to address this through them...maybe offer my services.</p>
Need addressed by org. or person	Hospital is a health care provider. is a Christian and very active in the leadership of Celebrate Recovery and the founder of a non-profit "Christ In Action" which has established a transition home for men recovering from drugs.

Determining the Needs in Your Area	
Contact: Org. or Person	Librarian
Address:	N
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Working Hours. I met : at the Library, which is the easiest way to contact him.
Synopsis of conversation	<p>: mentioned that single parent families is a major concern in the area. He sees that <i>many single mothers are really at a loss on how to manage their finances, manage the training of their children and other matters. They need attention, he says.</i></p> <p>Drug abuse is another issue, and though he feels the churches should be involved, he does not think that many (maybe any) are open to 'those kinds of people' coming into their churches. This is a real issue, though he pointed to our church as a good example of the way churches should handle these needy situations.</p> <p>He suggested that the churches also should unite in an effort to fight back against the issues facing the community.</p>
Need addressed by org. or person	The Library is public and serves as a free reading and research tool for the public.

Determining the Needs in Your Area

Contact:

Org. or

Person

Address:

Phone:

Web Add:

E-mail Add

Best Time

contact:

Synopsis of conversation

Women's Exchange; CASA; Helen Ross McNabb Center Board member

Greatest needs:

- Mental Health Services
- Transportation (to and from services)
- Drug and Sexual Abuse (#1 county in TN for Sexual Abuse)

Major hurdles:

- Long term strategy in which a coalition/team is brought together to set goals and agenda.
- The southern half of the county must realize the need. Currently, they see N. county as 'a different world up there' and don't assume responsibility for it.

He stated: The advocacy groups are way out of line. The local groups don't acknowledge that they have a problem.

Results to rehab are low being maybe 10-20% at best. There must be family or group support in order for more success to the individual.

Need addressed by org. or person

is an advocate for children in the area and works with the Women's Exchange which aids and addresses women's need and empowerment.

Women's



Determining the Needs in Your Area	
Contact: Org. or Person	Retired High School Teacher
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	At home during daytime hours
Synopsis of conversation	<p>is a recently retired school teacher with the school system. He is active in community development and volunteers with the local youth league sports and recreational activities. He is a regular member of the Baptist Church.</p> <p>His concerns were for the community's youth. He sees a dismal future if no jobs are introduced to the area. The dilemma is that factory type jobs will not come to with a drug culture so entrenched. Discipline and dependability are marginal and a work force is not sufficient to sustain typical factory needs.</p> <p><i>He is exploring alternative job creation for the area. Drug recovery and support for those who are addicted, but recovering, would be a very welcome asset to the overall effort to reform the community.</i></p> <p>He sees an incremental approach to rebuilding the community as the one with most potential. Small grants are his focus for now as the town's image and reputation are being restored.</p>
Need addressed by org. or person	Education

Determining the Needs in Your Area	
Contact: Org. or Person	(she is receptionist and I do not have her last name) Dept. Human Services
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Work Hours
Synopsis of conversation	<p>_____ is the receptionist at the DHS and holds a Christian Worldview.</p> <p>She identified the need for counseling and suggested that having a counselor in-house would aid many who are not disciplined enough to keep an appointment.</p> <p>She told me that the govt. is paying for cell phones and 250 minutes of cell phone usage in an effort to help people call in for their check ins instead of traveling. Many, unfortunately, use the minutes in other ways and still do not make their scheduled appointments.</p> <p>She felt that counseling services would be great to have for people and noted the local Celebrate Recovery program as a benefit she wished more would take advantage of.</p>
Need addressed by org. or person	Government programs to assist with food, education, health, etc.

Determining the Needs in Your Area	
Contact: Org. or Person	Care Manager Family Health Center
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Daytime
Synopsis of conversation	<p>_____ was employed earlier this year with _____ Family Health Center in _____ and in _____ has completed 30 hours of master's level counseling in the MFT program with Harding University in Searcy, Ark. He has lived in _____ and the surrounding area since he was age 10. He is now 26.</p> <p>I asked _____ what he observed to be the top counseling needs in the area. He responded without hesitation in this order:</p> <ol style="list-style-type: none"> <li>1. Divorce</li> <li>2. Abuse (sexual and domestic)</li> <li>3. Drug abuse</li> </ol>
Need addressed by org. or person	_____ is a health provider organization. Their clinics include one in _____ one in _____ and a third in _____

Determining the Needs in Your Area	
Contact: Org. or Person	Mother and Native resident.
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Daytime Hours
Synopsis of conversation	<p>is a volunteer leader with the Celebrate Recovery program in and has lived in her entire life. She suggested that the chief needs have to do with drugs and drug recovery.</p> <p>She agreed with her husband, who I also interviewed, that parenting and child rearing were also important needs here and that few know how to rear their children. Many children are hurt by past experiences with their parents and there is a downward cycle or related issues like abuse and neglect.</p> <p>She felt that a good idea is to have people mandated to attend classes. Perhaps, she suggested, the Drug Court in could court order people to attend classes. She suggested I contact the Drug Court people in to see how or if this might be possible.</p>
Need addressed by org. or person	is a homeschooling mother and active in the community.

Determining the Needs in Your Area	
Contact: Org. or Person	Child Parent Resource Center
Address:	(ilico)
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	During work hours
Synopsis of conversation	<p>Her organization currently has a representative from Mental Health coming twice a month. is their contact person (office) (home) and</p> <p>She expressed needs include:</p> <ul style="list-style-type: none"> <li>• Transportation to and from resources ( picks up clients)</li> <li>• Accountability partners or a contact person to call at any time is very helpful to recovery</li> </ul> <p>Any organization (mental health service/clinic) will have to prove to itself by staying long term—then it will be trusted and accessed.</p> <ul style="list-style-type: none"> <li>• We talked of the trouble of lack of funds to bring in resources. I suggested the use of local talent and other resources as a “product” to outsiders (Maybe a swap)</li> </ul>
Need addressed by org. or person	Child Parent Resource Center is a non-profit aiding rural children and parents in education, hygiene, and other assistance.

Determining the Needs in Your Area	
Contact: Org. or Person	Director of : Friendship Center
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Working Hours
Synopsis of conversation	<p>has seen the violence associated with drug abuse increase. He has actually been broken into twice himself. He sees no solution to the problem other than the intervention of God.</p> <p>He sees that government (sheriff) intervention is failing with jails overcrowded and law enforcement under manned.</p> <p>He sees that assistance to single mothers is a good idea, though one must be very careful on how the offer is made. Counseling must not be presented in a way that does not allow the mother to choose it. Otherwise, they will feel pressured or that the counselor is intruding where they should not.</p> <p>He offered that the organization Tennessee Voices for Children had a good program and outcome when they offered local parents assistance filling out forms and applying for various forms of assistance for them and for situations where violence or abuse may be an issue.</p>
Need addressed by org. or person	The is a Catholic charity and resells used clothing and furniture and food at reduced rates.

Determining the Needs in Your Area

Contact:

Org. or Person Director of Tourism

Address:

Phone:

Web Add:

E-mail Add

Best Time Working Hours

contact:

Synopsis of conversation

Drugs are the biggest problem in our area. It is tearing apart every aspect of the city. It hurts economically, socially, and spiritually—just every part of the community.

: feels that a mental health service was available that would be very good for the community.

Need addressed by org. or person

: head of tourism in the city of lived here all throughout.

and was born here over 60 years ago and has

Determining the Needs in Your Area

Contact:

Org. or Person Medical Clinic assistant

Address:

Phone:

Web Add:

E-mail Add

Best Time Working hours

contact:

Synopsis of conversation Jellico. is a receptionist and native of this mountainous area just a few minutes drive from Jellico.

She said the top issue is drug abuse, but also mentioned that expectant mothers using drugs was a big problem.

She suggested that some sort of follow-up is needed to help people stay on the path to a full recovery/treatment.

Need addressed by org. or person \ Health Clinic is one of Health Services' clinics in our area. They are a medical health provider with specialty in Family Medicine and childbirth.



## Determining the Needs in Your Area

Contact:

Org. or Person Owner of Hardware

Address: N

Phone:

Web Add:

E-mail Add

Best Time contact: During work hours

Synopsis of conversation

- Drug abuse is a problem, but other factors keep it from being addressed:
- ❖ Law enforcement corruption
- ❖ City leadership corruption
- ❖ Local control of financial vehicles by city council members

➤ He suggested that individuals should , but aren't getting involved on taking action against the problems, because they fear reprisal by drug culture.

He suggested a drug testing center be part of a serious effort to control and rehabilitate users.

He also suggested that since many local men sell scrap metal, pop cans, etc. that maybe some sort of brick cleaning or recycling jobs might employ some.

Need addressed by org. or person

He gives to local charities and often pitches in on local events. His store is a hub of community activity and opinion sharing.

No	Determining the Needs in Your Area
Contact: Org. or Person	Manager of Merle Norman Cosmetics
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Work Hours- Daytime
Synopsis of conversation	<p>She is a lifelong community member. She works with the public on a face to face basis daily and is a believer in God.</p> <p>When I asked her the chief need in our area she responded "Education, education, education." I then asked her where she thought the main problem or cause of the poor educational results in our area lay. She thinks it is connected to the apathy of parents.</p> <p>I then asked her how I, as a counselor, might approach parents to address this issue. She responded that "You have to get on their level, use their language, and get their trust by addressing their needs." I told her this sounded like Jesus' approach: incarnation.</p>
Need addressed by org. or person	She is a community member who has lived in this area for 50+ years and works with the community through her work on a face to face basis daily.

Determining the Needs in Your Area	
Contact: Org. or Person	Director Human Resources for Community Hospital
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	Work Hours- Daytime
Synopsis of conversation	<p>is Human Relations Manager at the Community Hospital in He lists the top counseling needs in our area in this order:</p> <ol style="list-style-type: none"> <li>1. Abuse</li> <li>2. Marriage</li> <li>3. Parenting</li> <li>4. Finance</li> </ol> <p>He felt that abuse was top because it was his suspicion that much of the abuse and relationship failure in the area came from the abuses of parents against children being passed along to the children's children. So, he felt it was at the root of many problems among adults and families.</p>
Need addressed by org. or person	has lived in this area approximately 5 years and has served as a business proprietor in face to face relations with customers and as HR director for the past two years. He was formerly employed at a recovery center for men in Nashville.

Determining the Needs in Your Area	
Contact: Org. or Person	County School Systems Community Church
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	After School Hours
Synopsis of conversation	<p>is worship leader at the Community Church and a high school history teacher. He suggested that the chief need is for family counseling.</p> <p>He sees a generation to generation decline and that bad habits and attitudes and understandings are being passed along from older to younger members of the families. His suggestion is that I possibly see what is being done through the schools and offer my services there to them. His feeling is that I would be overwhelmed with those in need.</p>
Need addressed by org. or person	County Schools are public schools.

Determining the Needs in Your Area	
Contact: Org. or Person	Woodland Trust
Address:	I
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	<i>During office hours</i>
Synopsis of conversation	<p>The major needs are many, but she identified a few that were important to her constituents:</p> <p>Financial Education (Debt and Loans)  Drug Recovery (a way to stay off drugs after rehab)  Marriage of younger women (teens) to older men (even in 50s)  Domestic Violence (even women beating their husbands)</p>
Need addressed by org. or person	Woodland Trust works in a rural area to assist low income families with housing and skills.

Determining the Needs in Your Area	
Contact: Org. or Person	Tennessee
Address:	
Phone:	
Web Add:	
E-mail Add	
Best Time contact:	day
Synopsis of conversation	<p>suggested the three top needs she is aware of for counseling are:</p> <ol style="list-style-type: none"> <li>1. Drug and alcohol</li> <li>2. Parent and Family relationships (We had a lively discussion about this one and she feels very strongly that the need is great)</li> <li>3. Sexual issues</li> </ol>
Need addressed by org. or person	Tennessee works with parents through education to better their relationships with children.

Determining the Needs in Your Area

Contact: ✓  
Org. or Person Female employee of Hardware and a local citizen

Address:

Phone:

Web Add:

E-mail Add

Best Time contact: Best time is during work hours at the store.

Synopsis of conversation Top problem or need for a way to control the drug usage.  
Second need is for jobs.

She said people need follow-up after they come from jail or rehab, a church revival etc.  
They need help to transition into work and normal community life.

She like the Family and children's events we have put on over the years and felt they were positive impact on the children.

Need addressed by org. or person She is an employee of a hardware store. The store is a community meeting port where opinions and views are reflected and shaped in our small town.